

Things to Do In and Around Sacramento

Here are some ideas for Sacramento attractions:

Old Sac was restored and reconstructed along strict historic guidelines; these are authentic buildings dating from 1849 -1870. Free historic/architectural tours are available.

The State Capitol was restored to its architecture and decor as of 1870. The Governor and Legislature still work there. Free historic/political tours are available. Tourists should not miss seeing this building and the Capitol Park (located two blocks from the Sheraton).

Sacramento has a minor league AAA baseball team. Their park is a short walk from Old Sac.

The California Railroad museum is one of the best in the US. It's in Old Sac.

There are river cruises available.

Bicyclists and walkers can enjoy the American River Bike Trail, a 32 mile paved trail that hugs the American River. You can gain access from a path that starts near the Railroad Museum in Old Sac.

Within two blocks of the Sheraton are several gourmet restaurants, the Cosmopolitan cabaret theater (G-rated live musical shows), the Crest movie palace and an Imax theater.

Don't miss midtown-about 1 mile east of hotel. Midtown is the main spot for young adults in Sacramento. Nearly all businesses are locally owned restaurants, art galleries, boutiques. There is even a gluten free store on 28th and J. The area has numerous restored Victorian homes.

<http://www.discovergold.org/visitors/thingstodo.cfm>

<http://www.starwoodhotels.com/sheraton/property/area/index.html?propertyID=1247>

<http://www.weather.com/weather/today/95814>

Out-of-town:

20 minutes West: Davis; a charming college town. Home of UC Davis, the UC Davis Arboretum, another charming downtown with a great Farmer's Market.

<http://www.yolocvb.org>

<http://cityofdavis.org/visitors.cfm>

<http://events.ucdavis.edu/events>

About 20 or 30 minutes: The Delta Levee roads. Take Rt. 5 south to Walnut Grove Exit and join the levee road when you reach the Sacramento River. See charming Delta farms, old bridges and the historic Chinese town of Locke. Most of California's drinking water flows through the Delta.

<http://www.californiadelta.org>

60 minutes West: Berkeley - the birth place of California Cuisine. The UC campus area has not changed much since the 1970's except for legal medical marijuana stores.

<http://visitberkeley.com>

1 1/2 to 2 hours West: San Francisco. Need we say more. Don't miss a boat ride to Angel Island (West Coast's Ellis Island) or Alcatraz. If you are daring, take a walk across the Golden Gate Bridge. Amazing outdoor spaces are Golden Gate Park and the Presidio. It's easy to take a day trip to San Francisco from Sacramento.

<http://www.onlyinsanfrancisco.com>

http://www.thingstodo.com/states/CA/san_francisco.htm

<http://www.tripcart.com/usa-regions/Central-California-Coast,Places-to-Visit>.

60-90+ minutes West and a turn North: Napa county and Sonoma County. Just plain beautiful hill country even if you can't drink. Also try Calistoga the capital of mud baths and spas. Sonoma County has miles and miles of sea shore cliffs and sandy beaches. Inland Sonoma has inland apple orchards and charming old towns.

<http://www.sonomavalley.com>

<http://www.legendarynapavalley.com>

45-90 minutes north/east: Gold country. This covers a large area along Route 49. Auburn is only 15 to 20 minutes north. Some favorite gold towns include Coloma, the site of gold discovery in 1849 and Nevada City, a Victorian era town high in the foothills. Gold country includes sites of old mines and old caves that you can visit. Heading east on Hwy 50 leads to Apple Hill with many orchards and farms to visit, plus a number of vineyards with wine tasting and beautiful scenery.

<http://www.ncgold.com>

<http://www.visit-eldorado.com>

<http://www.visitplacer.com>

90+ minutes east: The Sierras. Some ski places are still open in May depending on snowfall. The mountain roads to Lake Tahoe give wonderful views; Hwy 80 is an easy drive.

<http://www.visitinglaketahoe.com>

3+ hours West: The Central Coast. Santa Cruz and Monterey are two interesting towns on the Coast. Within a 5 hour drive is San Simeon and San Luis Obispo. These coastal areas are probably too far for a day trip from Sacramento. Santa Barbara is a 6+ hour drive.

<http://www.santacruzca.org>

<http://www.seemonterey.com>

7+ hours south: Los Angeles and Orange County (home of Disneyland).